



## Betterment for estimates of the numerical radii of Hilbert space operators

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**ABSTRACT:** We give several inequalities involving numerical radii  $\omega(\cdot)$  and the usual operator norm  $\|\cdot\|$  of Hilbert space operators. These inequalities lead to a considerable improvement in the well-known inequalities

$$\frac{1}{2} \|T\| \leq \omega(T) \leq \|T\|.$$

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## 1. Introduction and Preliminaries

Let  $\mathbb{H}$  be a complex Hilbert space endowed with the inner product  $\langle \cdot, \cdot \rangle$ , and let  $\mathbb{B}(\mathbb{H})$  be the  $C^*$ -algebra of all bounded linear operators acting on  $\mathbb{H}$  equipped with the usual operator norm

$$\|T\| = \sup \{ \|Tx\| : x \in \mathbb{H}, \|x\| = 1 \}.$$

Throughout the paper, the symbol  $\mathbf{1}_{\mathbb{H}}$  stands for the identity operator on  $\mathbb{H}$ . The absolute value of  $T \in \mathbb{B}(\mathbb{H})$  is represented by  $|T|$ , and defined by  $|T| = (T^*T)^{\frac{1}{2}}$ , where  $T^*$  is the adjoint operator of  $T$ . The usual operator norm fulfills the sub-multiplicativity property, i.e.,

$$\|S^*T\| \leq \|S\| \|T\|; \quad (S, T \in \mathbb{B}(\mathbb{H})). \tag{1}$$

An operator  $T$  is said to be positive (denoted by  $0 \leq T$ ) if  $0 \leq \langle Tx, x \rangle$  for all  $x \in \mathbb{H}$ . It is well-known that for  $T \in \mathbb{B}(\mathbb{H})$ , there is a unique partial isometry  $U$  such as  $T = U|T|$ . Such a decomposition is called a polar decomposition of  $T$ .

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The numerical radius of  $T \in \mathbb{B}(\mathbb{H})$ , symbolized by  $\omega(T)$ , is given by

$$\omega(T) = \sup \{ |\langle Tx, x \rangle| : x \in \mathbb{H}, \|x\| = 1 \}.$$

It is easy to check that  $\omega(\cdot)$  defines a norm on  $\mathbb{B}(\mathbb{H})$ , which is equivalent to the usual operator norm [9, Theorem 1.3-1]. More precisely, for  $T \in \mathbb{B}(\mathbb{H})$  we have

$$\frac{1}{2} \|T\| \leq \omega(T) \leq \|T\|. \tag{2}$$

It is important to note that  $\omega(\cdot)$  is not sub-multiplicative, but it satisfies  $\omega(S^*T) \leq 4\omega(S)\omega(T)$  [9, Theorem 2.5-2].

We refer interested readers to [9] for the history and significance and [5, 7, 10, ?] for recent developments in this field.

In 2003, Kittaneh [3] improved the second inequality in (2) by proving

$$\omega(T) \leq \frac{1}{2} \left( \|T\| + \|T^2\|^{\frac{1}{2}} \right).$$

Two years later, in [4], the same author proved that

$$\frac{1}{4} \left\| |T|^2 + |T^*|^2 \right\| \leq \omega^2(T) \leq \frac{1}{2} \left\| |T|^2 + |T^*|^2 \right\|. \tag{3}$$

Notice that (3) improves both inequalities in (2).

Section 2 of this paper establishes a new improvement of the first and second inequality in (2). Our computations allow us to derive a modification of the triangle inequality for the usual operator norm.

## 2. Main Results

We start this section with the following simple lemma, the primary tool in our analysis.

**Lemma 2.1.** *Let  $A \in \mathbb{B}(\mathbb{H})$  be a positive operator. Then for any  $x \in \mathbb{H}$ ,*

$$\|Ax\|^2 + \|(\|A\| \mathbf{1}_{\mathbb{H}} - A)x\|^2 \leq \|A\|^2 \|x\|^2.$$

**Proof.** Let  $x \in \mathbb{H}$ . If  $A \in \mathbb{B}(\mathbb{H})$  is a positive contraction (in the sense of  $\|A\| \leq 1$ ), we can write

$$\begin{aligned} \|Ax\|^2 &= \langle Ax, Ax \rangle \\ &= \left\langle AA^{\frac{1}{2}}x, A^{\frac{1}{2}}x \right\rangle \\ &\leq \|AA^{\frac{1}{2}}x\| \|A^{\frac{1}{2}}x\| \\ &\leq \|A\| \|A^{\frac{1}{2}}x\|^2 \\ &\leq \|A^{\frac{1}{2}}x\|^2 \\ &= \langle Ax, x \rangle, \end{aligned}$$

where the first inequality obeys from the Cauchy-Schwarz inequality, the second inequality obtained from the sub-multiplicativity property of the usual operator norm, and in the third inequality, we utilized the fact that  $\|A\| \leq 1$  for contraction  $A$ .

On the other hand, we have

$$\begin{aligned} \|(\mathbf{1}_{\mathbb{H}} - A)x\|^2 &= \langle (\mathbf{1}_{\mathbb{H}} - A)x, (\mathbf{1}_{\mathbb{H}} - A)x \rangle \\ &= \|x\|^2 - 2\langle Ax, x \rangle + \|Ax\|^2 \\ &= \|x\|^2 - 2\langle Ax, x \rangle + 2\|Ax\|^2 - \|Ax\|^2. \end{aligned}$$

Merging the above two relations implies

$$\|Ax\|^2 + \|(\mathbf{1}_{\mathbb{H}} - A)x\|^2 \leq \|x\|^2. \tag{4}$$

If we substitute  $A$  by  $A/\|A\|$ , in (4), we get

$$\left\| \frac{A}{\|A\|} x \right\|^2 + \left\| \left( \mathbf{1}_{\mathbb{H}} - \frac{A}{\|A\|} \right) x \right\|^2 \leq \|x\|^2,$$

which can be written as

$$\|Ax\|^2 + \|(\|A\| \mathbf{1}_{\mathbb{H}} - A)x\|^2 \leq \|A\|^2 \|x\|^2.$$

This completes the proof. □

The following result demonstrates Lemma 2.1 in a more general setting. More precisely, in the following theorem, the positivity of the operator is not needed.

**Theorem 2.2.** *Let  $T \in \mathbb{B}(\mathbb{H})$  with the polar decomposition  $T = U|T|$ . Then for any  $x \in \mathbb{H}$ ,*

$$\|T^*x\|^2 + \|(\|T\|U^* - T^*)x\|^2 \leq \|T\|^2 \|x\|^2,$$

and

$$\|Tx\|^2 + \|(\|T\|U - T)x\|^2 \leq \|T\|^2 \|x\|^2.$$

**Proof.** Let  $T = U|T|$  be the polar decomposition of  $T$  (of course,  $T^* = |T|U^*$ ). Replacing  $A$  and  $x$  by  $|T|$  and  $U^*x$ , respectively, in Lemma 2.1, we get

$$\begin{aligned} \|T^*x\|^2 + \|(\|T\|U^* - T^*)x\|^2 &= \||T|U^*x\|^2 + \|(\| |T| \| - |T|)U^*x\|^2 \\ &\leq \| |T| \|^2 \|U^*x\|^2 \\ &= \|T\|^2 \|U^*x\|^2 \\ &\leq \|T\|^2 \|x\|^2. \end{aligned}$$

This finishes the proof of the first inequality.

To prove the second inequality remember that if  $T = U|T|$  is the polar decomposition of the operator  $T \in \mathbb{B}(\mathbb{H})$ , then  $T^* = U^*|T^*|$  is also the polar decomposition of the operator  $T^* \in \mathbb{B}(\mathbb{H})$  [1, p. 59]. If we replace  $A$  and  $x$  by  $|T^*|$  and  $Ux$ , respectively, in Theorem 4, we infer that

$$\|Tx\|^2 + \|(\|T\|U - T)x\|^2 \leq \|T\|^2 \|x\|^2$$

as desired. □

The following theorem nicely improves inequality (1).

**Theorem 2.3.** *Let  $S, T \in \mathbb{B}(\mathbb{H})$  with the polar decompositions  $S = U|S|$  and  $T = V|T|$ , respectively. Then for any  $x \in \mathbb{H}$ ,*

$$\|S^*Tx\|^2 + \left\langle \left( \left( \|S\|U^*T - S^*T \right)^2 + \|S\|^2 \left( \|T\|V - T \right)^2 \right) x, x \right\rangle \leq \|S\|^2 \|T\|^2 \|x\|^2.$$

In particular,

$$\|S^*T\|^2 + \mu \leq \|S\|^2 \|T\|^2,$$

where

$$\mu = \inf_{\substack{x \in \mathbb{H} \\ \|x\|=1}} \left\{ \left\langle \left( \left( \|S\|U^*T - S^*T \right)^2 + \|S\|^2 \left( \|T\|V - T \right)^2 \right) x, x \right\rangle \right\}.$$

**Proof.** If we substitute  $T$  by  $S$  and  $x$  by  $Tx$  in Theorem 2.2, we conclude that

$$\begin{aligned} \|S^*Tx\|^2 + \|(\|S\|U^*T - S^*T)x\|^2 \\ \leq \|S\|^2 \|Tx\|^2 \\ \leq \|S\|^2 \left( \|T\|^2 \|x\|^2 - \|(\|T\|V - T)x\|^2 \right) \quad (\text{by Theorem 2.2}) \end{aligned}$$

for any  $x \in \mathbb{H}$ . Thus,

$$\|S^*Tx\|^2 + \|(\|S\|U^*T - S^*T)x\|^2 + \|S\|^2 \|(\|T\|V - T)x\|^2 \leq \|S\|^2 \|T\|^2 \|x\|^2.$$

This finishes the proof of the first inequality.

If  $x \in \mathbb{H}$  is a unit vector, we can write from the first inequality

$$\|S^*Tx\|^2 + \mu \leq \|S\|^2\|T\|^2.$$

Now, by taking supremum over all unit vector  $x \in \mathbb{H}$ , we reach

$$\|S^*T\|^2 + \mu \leq \|S\|^2\|T\|^2$$

as expected. □

In the subsequent, we need the following two lemmas. The first lemma, which includes a mixed Schwarz inequality, can be seen in [2, pp. 75-76].

**Lemma 2.4.** *Let  $T \in \mathbb{B}(\mathbb{H})$ . Then*

$$|\langle Tx, y \rangle|^2 \leq \langle |T| x, x \rangle \langle |T^*| y, y \rangle; \quad (x, y \in \mathbb{H}).$$

The second lemma known in the literature as the Hölder-McCarthy inequality tracks from the spectral theorem for positive operators and the famous Jensen's inequality [8, Theorem 1.4].

**Lemma 2.5.** *Let  $T \in \mathbb{B}(\mathbb{H})$  be a positive operator. Then for any  $r \geq 1$ ,*

$$\langle Tx, x \rangle^r \leq \langle T^r x, x \rangle; \quad (x \in \mathbb{H}, \|x\| = 1).$$

**Theorem 2.6.** *Let  $T \in \mathbb{B}(\mathbb{H})$  with the polar decomposition  $T = U|T|$ . Then for any unit vectors  $x, y \in \mathbb{H}$ ,*

$$|\langle Tx, y \rangle|^2 \leq \|T\|^2 - \sqrt{\lambda\gamma},$$

where

$$\lambda = \inf_{\substack{x \in \mathbb{H} \\ \|x\|=1}} \left\{ \left\langle \left| \|T\|U - T \right|^2 x, x \right\rangle \right\} \quad \text{and} \quad \gamma = \inf_{\substack{y \in \mathbb{H} \\ \|y\|=1}} \left\{ \left\langle \left| \|T\|U^* - T^* \right|^2 y, y \right\rangle \right\}.$$

**Proof.** It observes from Theorem 2.2 that

$$\langle |T|^2 x, x \rangle + \left\langle \left| \|T\|U - T \right|^2 x, x \right\rangle \leq \|T\|^2 \|x\|^2 \tag{5}$$

and

$$\langle |T^*|^2 y, y \rangle + \left\langle \left| \|T\|U^* - T^* \right|^2 y, y \right\rangle \leq \|T\|^2 \|y\|^2 \tag{6}$$

for any vectors  $x, y \in \mathbb{H}$ . Accordingly,

$$\langle |T|^2 x, x \rangle + \lambda \leq \|T\|^2 \quad \text{and} \quad \langle |T^*|^2 y, y \rangle + \gamma \leq \|T\|^2 \tag{7}$$

for any unit vectors  $x, y \in \mathbb{H}$ . Consequently,

$$\begin{aligned} |\langle Tx, y \rangle|^2 &\leq \langle |T| x, x \rangle \langle |T^*| y, y \rangle \\ &\leq \sqrt{\langle |T|^2 x, x \rangle \langle |T^*|^2 y, y \rangle} \\ &\leq \sqrt{(\|T\|^2 - \lambda)(\|T\|^2 - \gamma)} \\ &\leq \|T\|^2 - \sqrt{\lambda\gamma} \end{aligned}$$

where the first inequality and the second inequality follow from Lemma 2.4 and Lemma 2.5, respectively, and the last inequality is obtained from the arithmetic-geometric mean inequality (see [6, Lemma 4.1] for the details of its proof and its refinement). □

The following result modifies the second inequality in (2).

**Corollary 2.7.** Let  $T \in \mathbb{B}(\mathbb{H})$  with the polar decomposition  $T = U|T|$ . Then

$$\omega^2(T) + \max\{\lambda, \gamma\} \leq \|T\|^2,$$

where

$$\lambda = \inf_{\substack{x \in \mathbb{H} \\ \|x\|=1}} \left\{ \left\langle \|T\|U - T \right|^2 x, x \right\rangle \right\} \quad \text{and} \quad \gamma = \inf_{\substack{x \in \mathbb{H} \\ \|x\|=1}} \left\{ \left\langle \|T\|U^* - T^* \right|^2 x, x \right\rangle \right\}.$$

**Proof.** We have by Cauchy-Schwarz inequality,

$$|\langle Tx, x \rangle|^2 \leq \|Tx\|^2 \quad \text{and} \quad |\langle T^*x, x \rangle|^2 \leq \|T^*x\|^2$$

for any unit vector  $x \in \mathbb{H}$ . Hence, by (5) and (6), we reach

$$|\langle Tx, x \rangle|^2 + \left\langle \|T\|U - T \right|^2 x, x \right\rangle \leq \|T\|^2,$$

and

$$|\langle T^*x, x \rangle|^2 + \left\langle \|T\|U^* - T^* \right|^2 x, x \right\rangle \leq \|T\|^2.$$

From the overhead two inequalities, we have

$$|\langle Tx, x \rangle|^2 + \lambda \leq \|T\|^2 \quad \text{and} \quad |\langle T^*x, x \rangle|^2 + \gamma \leq \|T\|^2.$$

We obtain the expected result by taking supremum over all unit vectors  $x \in \mathbb{H}$ . □

**Remark 2.8.** If, in Corollary 2.7,  $T$  is a normal operator, then  $\max\{\lambda, \gamma\} = 0$ . This tracks from the point that  $\omega(T) = \|T\|$  whenever  $T$  is a normal operator [9, Theorem 1.4-2].

The following result improves the triangle inequality for the usual operator norm.

**Corollary 2.9.** Let  $S, T \in \mathbb{B}(\mathbb{H})$  with the polar decompositions  $S = U|S|$  and  $T = V|T|$ , respectively. Then

$$\left\| |S^*|^2 + |T^*|^2 \right\| \leq \|S\|^2 + \|T\|^2 - (\psi + \xi),$$

where

$$\psi = \inf_{\substack{x \in \mathbb{H} \\ \|x\|=1}} \left\{ \left\langle \|T\|V^* - T^* \right|^2 x, x \right\rangle \right\} \quad \text{and} \quad \xi = \inf_{\substack{x \in \mathbb{H} \\ \|x\|=1}} \left\{ \left\langle \|S\|U^* - S^* \right|^2 x, x \right\rangle \right\}.$$

In particular,

$$\left\| |T|^2 + |T^*|^2 \right\| \leq 2\|T\|^2 - (\lambda + \gamma),$$

where  $\lambda$  and  $\gamma$  are defined as in Theorem 2.6.

**Proof.** It pursues from Theorem 2.2 that

$$\|S^*x\|^2 + \xi \leq \|S\|^2 \quad \text{and} \quad \|T^*x\|^2 + \psi \leq \|T\|^2$$

for any unit vector  $x \in \mathbb{H}$ . Therefore,

$$\begin{aligned} \left\langle \left( |S^*|^2 + |T^*|^2 \right) x, x \right\rangle &= \left\langle |S^*|^2 x, x \right\rangle + \left\langle |T^*|^2 x, x \right\rangle \\ &= \|S^*x\|^2 + \|T^*x\|^2 \\ &\leq \|S\|^2 + \|T\|^2 - (\psi + \xi). \end{aligned}$$

We get the desired result by taking supremum over all unit vectors  $x \in \mathbb{H}$ .

The second inequality can be received similarly through (7). □

The next result provides a refinement for the first inequality in (2), since

$$\frac{1}{2}\|T\| \leq \frac{1}{2}\sqrt{\|T\|^2 + \max\{\lambda, \gamma\}} \leq \omega(T).$$

**Corollary 2.10.** Let  $T \in \mathbb{B}(\mathbb{H})$  with the polar decomposition  $T = U|T|$ . Then

$$\frac{1}{4}\|T\|^2 + \frac{1}{4}\max\{\lambda, \gamma\} \leq \omega^2(T),$$

where  $\lambda$  and  $\gamma$  are defined as in Theorem 2.6.

**Proof.** It follows from (7) that

$$\|T^*x\|^2 + \gamma \leq \|T\|^2 \leq 4\omega^2(T)$$

for any unit vector  $x \in \mathbb{H}$ . Now by taking the supremum over  $x \in \mathbb{H}$  with  $\|x\| = 1$  in the above inequality we conclude that

$$\frac{1}{4}(\|T\|^2 + \gamma) \leq \omega^2(T). \tag{8}$$

Likewise, we can show that

$$\frac{1}{4}(\|T\|^2 + \lambda) \leq \omega^2(T). \tag{9}$$

Combining two inequalities (8) and (9) provides the expected inequality.  $\square$

**Remark 2.11.** If  $T^2 = O$ , in Corollary 2.10, then  $\max\{\lambda, \gamma\} = 0$ . This follows from the fact that  $\frac{1}{2}\|T\| = \omega(T)$  provided that  $T^2 = O$  [3, Corollary 1].

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